



One Parish  
Planning

**One Church**  
Know Thyself  
Encounter Jesus  
Live Fully Alive

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# Household Census

July 2025

## **Advisory Council**

Holy Family & St. John Mary Vianney,  
Catholic Parishes of Kirkland, WA

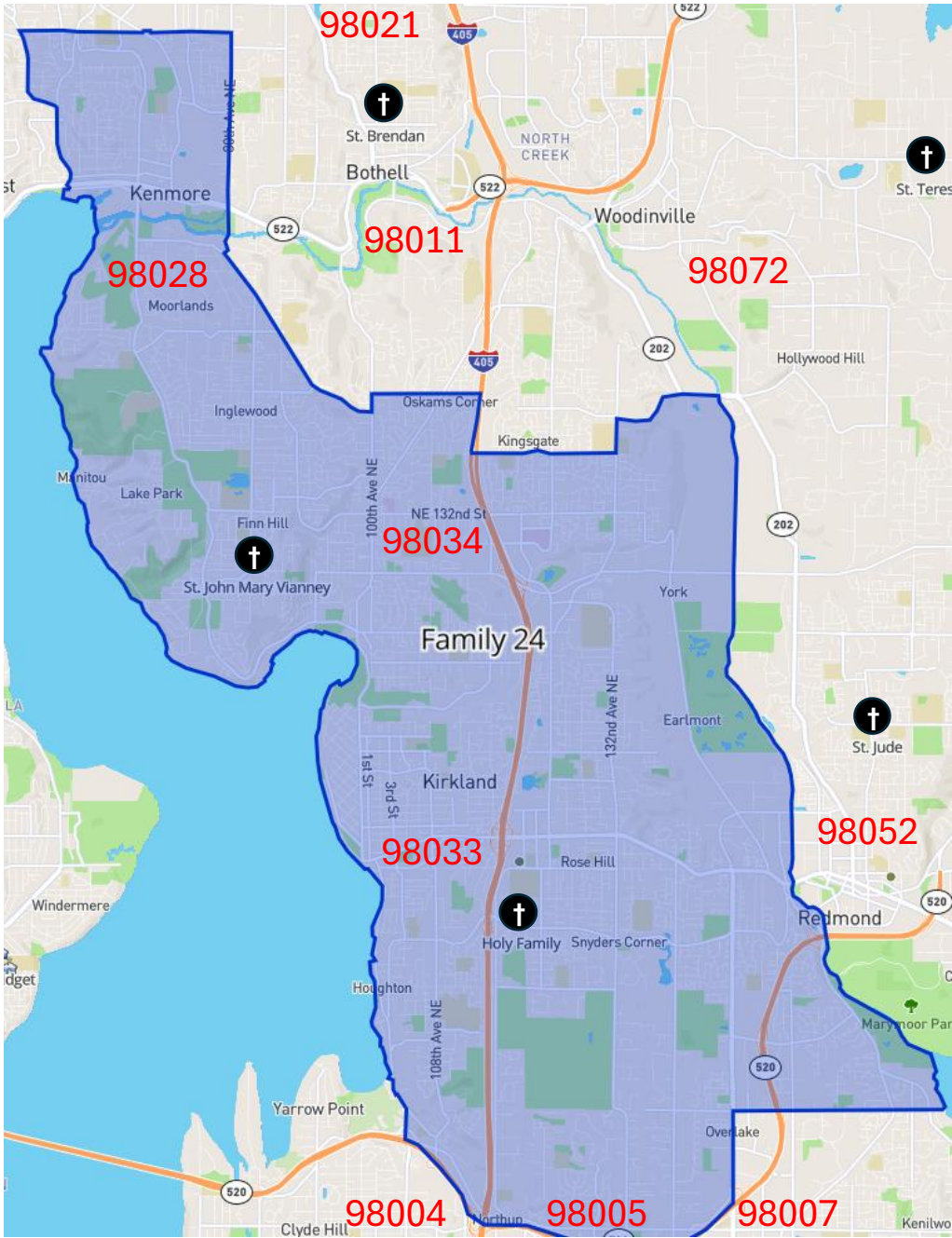
This census sought a reliable, household-level picture of who is in our community and how the faith is being lived—covering demographics and tenure; household religion and sacramental status; faith practice beyond Sunday; stewardship and service patterns; barriers to participation; and parishioners’ hopes for growth in holiness within our newly extended parish family.

The information from 688 responding households (covering nearly 1,900 people) gives us a robust snapshot for parish-family planning. Although no single instrument can tell the whole story, these findings offer credible baselines and surface actionable leads for further investigation and communal discernment.

We are grateful to all who have participated in this foundational phase of parish family planning.

In Christ,

Parish Family Advisory Council  
September 4, 2025



Cities	#	%
Kirkland	371	54%
Redmond	86	12%
Bothell	55	8%
Kenmore	54	8%
Bellevue	47	7%
Woodinville	22	3%
Lake Forest Park	8	1%
Snohomish	6	1%
Other	39	6%
	688	100%

Zip Codes	#	%
98034	191	28%
98033	173	25%
98052	75	11%
98028	53	8%
98011	34	5%
98004	18	3%
98021	18	3%
98072	17	2%
98005	14	2%
98053	11	2%
98008	10	1%
Other	74	11%
	688	100%

1	Population						
Household Census		Individual Survey	U.S. Census			HFK	SJV
1,834		1,242	146,598	Population		1,245	589
677			61,922	Households		461	216
2.7			2.4	P/H		2.7	2.7

2	Household Type: Single or Family						
Household Census		U.S. Census		Household Census	U.S. Census	HFK	SJV
117		3,677	Female Householder	17%	10%	17%	17%
47		2,106	Male Householder	7%	6%	8%	5%
513		32,435	Married Couple	76%	85%	75%	78%
677		38,218	Total	100%	100%	100%	100%

3	Total Household				
Household Census		Household Census		HFK	SJV
122	1	18%	20%	14%	
270	2	40%	39%	43%	
82	3	12%	11%	13%	
118	4	17%	17%	19%	
63	5	9%	10%	8%	
15	6	2%	2%	2%	
7	7	1%	1%	0%	
677	Total	100%	100%	100%	

4	Housing: Own or Rent								
Household Census		U.S. Census		Household Census		U.S. Census		HFK	SJV
561		38,170	Owner Occupied	83%		62%		79%	90%
116		23,751	Renter Occupied	17%		38%		21%	10%
677		61,921	Total	100%		100%		100%	100%

5	Age					
Household Census	Individual Survey	U.S. Census		Household Census	Individual Survey	U.S. Census
81		8,677	0 to 4	4%		6%
209		17,334	5 to 13	11%		12%
110	50	7,168	14 to 17	6%	4%	5%
89	32	6,646	18 to 21	5%	3%	5%
40	28	4,197	22 to 24	2%	2%	3%
53	66	6,986	25 to 29	3%	5%	5%
54	54	7,326	30 to 34	3%	4%	5%
79	76	10,128	35 to 39	4%	6%	7%
110	97	12,258	40 to 44	6%	8%	8%
117	79	11,235	45 to 49	6%	6%	8%
106	97	10,370	50 to 54	6%	8%	7%
113	95	9,883	55 to 59	6%	8%	7%
144	133	9,490	60 to 64	8%	11%	6%
246	211	15,481	65 to 74	13%	17%	11%
221	173	7,521	75 to 84	12%	14%	5%
62	51	1,898	85+	3%	4%	1%
1,834	1,242	146,598	Total	100%	100%	100%

6 Marital Status								
Household Census	Individual Survey	U.S. Census		Household Census	Individual Survey	U.S. Census	HFK	SJV
459	751		(First Marriage)	68%	60%		67%	69%
50	94		(Remarried)	7%	8%		7%	9%
509	845	71,031	Married	75%	68%	59%	75%	68%
4	9	1,215	Separated	1%	1%	1%	1%	0%
45	81	11,676	Divorced	7%	7%	10%	7%	6%
54	246	32,719	Never Married	8%	20%	27%	10%	5%
65	61	3,946	Widowed	10%	5%	3%	9%	11%
677	1,242	120,587	Total	100%	100%	100%	100%	100%

7 Race					
Household Census	U.S. Census		Household Census	U.S. Census	
272	28,252	Asian (NH)	15%	19%	
25	2,469	Black (NH)	1%	2%	
1243	98,729	White (NH)	68%	67%	
153	9,572	Hispanic	8%	7%	
141	7,575	Other (NH)	8%	5%	
1,834	146,597	Total	100%	100%	

8		Ethnicity				
Household						
Census	HFK	SJV		Census	HFK	SJV
544	384	160	No	80%	83%	74%
1	1		African American / Black	0%	0%	0%
1	1		African (e.g., Ethiopian, Nigerian)	0%	0%	0%
36	13	23	Filipino	5%	3%	11%
2	2		Southeast Asian (e.g., Vietnamese, Cambodian, Laotian)	0%	0%	0%
9	6	3	South Asian (e.g., Indian, Pakistani, Bangladeshi)	1%	1%	1%
25	21	4	European (non-Hispanic)	4%	5%	2%
2	1	1	Caribbean	0%	0%	0%
2	1	1	Chinese	0%	0%	0%
35	20	15	Hispanic / Latino	5%	4%	7%
1		1	Japanese	0%	0%	0%
19	11	8	Other	3%	2%	4%
677	461	216	Total	100%	100%	100%

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Additional Languages (Spoken at home besides English)

Household Census	U.S. Census		Household Census	U.S. Census
571	94,943	None	84%	69%
3	10,553	Indo-European (other than English)	0%	8%
6	7,756	Chinese	1%	6%
16	7,618	Other Asian	2%	6%
31	6,278	Spanish or Spanish Creole	5%	5%
10	3,954	Russian, Polish, Other Slavic	1%	3%
12	1,728	Other and unspecified	2%	1%
1	1,415	Korean	0%	1%
4	855	French or French Creole	1%	1%
	792	Arabic	0%	1%
3	775	Vietnamese	0%	1%
2	768	German	0%	1%
18	487	Tagalog and Other Pacific	3%	0%
677	137,922	Total	100%	100%

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Household Income

Household Census	U.S. Census		Household Census	U.S. Census
	457	Less than \$10,000		1%
	315	\$10,000 to \$14,999		1%
18.3%	787	\$15,000 to \$24,999		2%
unresponsive	906	\$25,000 to \$34,999		2%
	1,130	\$35,000 to \$49,999		3%
	3,209	50,000 to \$74,999		8%
	3,745	\$75,000 to \$99,999		10%
	7,039	\$100,000 to \$149,999		18%
	6,930	\$150,000-\$199,999		18%
	13,700	\$200,000 or more		36%
	38,218	Total		100%



10	<b>Do you have any adult children who were raised Catholic but no longer practice the faith?</b>	No Adult Children	35.9%
		All still practicing	15.1%
		Some still practicing	24.1%
		None still practicing	19.6%
		Unsure / No Response	5.3%
11	<b>There are particular circumstances in my household which inhibit the full practice of the Catholic faith (e.g., work or club/team schedules, lack of support, fear of judgment, lapsed relatives, etc.)</b>	(1) Agree	10.0%
		(2) Mostly Agree	13.0%
		(4) Mostly Disagree	20.8%
		(5) Disagree	56.1%
12	<b>All members of my household identify as Catholic.</b>	(1) Yes	74.7%
		(2) No	22.7%
		(3) Unsure	2.5%
13	<b>Every Catholic in my household (age 14+) has received the Sacrament of Confirmation in the Catholic Church</b>	(1) Yes	79.9%
		(2) No - but actively intending	3.5%
		(3) No	15.4%
		(4) Unsure	1.2%
14	<b>Has anyone in your household ever been enrolled in a formal Catholic school (grades K–12), either currently or in the past?</b>	(1) Yes	69.4%
		(2) No	30.6%
15	<b>One or more members of my household are currently enrolled at Holy Family Parish School (K-8)</b>	(1) Yes	6.8%
		(2) No	93.2%
16	<b>Do any members of your household participate in Catholic lay movements or communities that are not part of the parish’s ministries?</b>	(1) Yes	6.8%
		(2) No	93.2%

17	<b>My household keeps Sunday as a day of rest and worship</b>	(1) Almost Always	39.1%
		(2) Often	20.7%
		(3) Sometimes	27.2%
		(4) Almost Never	13.0%
18	<b>Topics of Catholic faith and morality are discussed in my household</b>	(1) Almost Always	20.4%
		(2) Often	30.7%
		(3) Sometimes	41.2%
		(4) Almost Never	7.7%
19	<b>Outside of obligations for Mass, Sacramental Preparation, or School, my household participates in events offered at the parish (e.g., devotions, study groups, missions, social events)</b>	(1) Almost Always	9.9%
		(2) Often	24.4%
		(3) Sometimes	39.4%
		(4) Almost Never	26.3%
20	<b>A stranger visiting my home would easily perceive a Catholic identity amongst those who live here (e.g., visible sacramentals, religious art, texts, prayer spaces, etc.)</b>	(1) Agree	41.9%
		(2) Mostly Agree	31.8%
		(4) Mostly Disagree	18.2%
		(5) Disagree	8.1%

21	<b>My household prays or reflects on Scripture together or in each other's presence outside of Mass</b>	(1) Daily	19.8%
		(2) Several times a week	11.7%
		(3) Weekly	6.2%
		(4) Occasionally	36.2%
		(5) Never	26.1%
22	<b>Catholic media (articles, books, radio, television, etc.) is consumed in my household</b>	(1) Daily	22.3%
		(2) Several times a week	14.6%
		(3) Weekly	10.2%
		(4) Occasionally	44.5%
		(5) Never	8.4%
23	<b>To your knowledge, has any member of your household ever seriously considered a religious vocation—such as becoming a priest, deacon, monk, friar, nun, or religious sister?</b>	(1) Yes	15.1%
		(2) No	84.9%
24	<b>If any member of this household were to express a curiosity or interest in religious vocation, it would most likely be met with:</b>	(1) Active Encouragement	48.9%
		(2) Support (with reservation)	44.5%
		(3) Being Ignored	4.0%
		(4) Active Discouragement	2.7%

25	<b>My household accepts a rightful share of responsibility for this parish's well-being and stewardship.</b>	(1) Agree	51.7%
		(2) Mostly Agree	39.7%
		(4) Mostly Disagree	7.7%
		(5) Disagree	0.9%
26	<b>My household prays for the growing holiness of this Parish and its members outside of Mass</b>	(1) Agree	39.0%
		(2) Mostly Agree	31.9%
		(3) Unsure	17.0%
		(4) Mostly Disagree	7.2%
		(5) Disagree	4.9%
27	<b>My household has formed meaningful friendships through this parish community that have helped us grow in our Catholic faith.</b>	(1) Agree	46.7%
		(2) Mostly Agree	22.5%
		(3) Unsure	11.7%
		(4) Mostly Disagree	11.2%
		(5) Disagree	8.0%
28	<b>My household has members serving in parish ministry.</b>	(1) Yes, currently serving	45.6%
		(2) Recently served (in the past year)	8.4%
		(3) No, but willing and able	22.7%
		(4) No, unable/uninterested	23.2%

29	<b>My household considers investing a portion of family treasure into the Parish as something important and intentional (e.g., budgeted for annually)</b>	(1) Agree	53.2%
		(2) Mostly Agree	32.5%
		(4) Mostly Disagree	8.7%
		(5) Disagree	5.6%
30	<b>Which best characterizes your household's habit of supporting the Parish financially?</b>	(1) Make and fulfill commitments	68.7%
		(2) No commit, but give regularly	17.3%
		(3) Commit, but give irregularly	4.3%
		(4) Give when we can	8.6%
		(5) Don't give to the Parish	1.2%
31	<b>I sometimes feel overwhelmed by the number of financial appeals and other collections made by the parish.</b>	(1) Agree	15.4%
		(2) Mostly Agree	30.6%
		(4) Mostly Disagree	36.8%
		(5) Disagree	17.3%
32	<b>This parish effectively fosters the universal call to holiness and encourages an active discipleship within my household</b>	(1) Agree	48.2%
		(2) Mostly Agree	32.2%
		(3) Unsure	15.7%
		(4) Mostly Disagree	2.8%
		(5) Disagree	1.2%

Open Question

“Is there something the parish could do better (or start doing) that would help your family to grow in holiness?”

**Belonging** “Help us know people and be known” — This is the desire for spiritual friendships and regular, face-to-face connection (often named as small groups or simple fellowship). It’s about having companions in the faith, not just attending the same Mass.

**Depth** “Help Sunday carry into the week” — People want reverent worship, preaching that connects doctrine to life, sacred music, and easy access to prayer/sacraments (confession, adoration). A more prayerful atmosphere that strengthens personal discipleship.

**Viability** “Help the next generation stay Catholic” — Many worry about teens, college-age, and young adults drifting. Mentions of nursery, teen/YA offerings, and parent support all point to safeguarding faith across life transitions.

**Accessibility** “Make participation increasingly doable” — Families and working adults name practical hurdles: schedules, end times, childcare, and coordinating calendars. Not rejecting parish life so much as constrained by competing tensions.

269 usable responses (~40%); text-coding repeat words and phrases plus manual review

Emerging Theme	Share	Sampling (paraphrase)	Diagnostic takeaway	Corroborating data
Community & small-group fellowship	≈25%	Neighborhood small-groups; family meet-ups; single-adult fellowship (non-dating).	Some deficit in belonging and spiritual friendships; desire for week-to-week accompaniment.	Only 36% regularly practice Mass + devotion, study, etc.
Liturgy: preaching, reverence, sacred music	≈22%	Practical/challenging homilies; traditional/sacred music; quieter option; weekday adoration/confession.	Desire for depth and contemplative tone so Sunday propels weekday discipleship.	High-capacity parish with modest extra-liturgical engagement.
Children, youth & young-adult ministry	≈20%	Nursery at events; teen Bible study at workable times; activities for 18–30; “help my teens stay Catholic.”	Viability concern: families seek support in faith transmission from adolescence to adulthood.	68% of households with adult children report some/all have fallen away; ~20% teens/adults unconfirmed.
Scheduling & childcare accessibility	≈16%	Childcare for weeknights; unified calendar; events ending before 8pm; livestream options.	Participation is hindered by practical frictions, not ideology; reducing friction likely increases involvement.	23% cite barriers (childcare, schedules, transport, wounds); two-income profile common.
Adult catechesis & formation	≈14%	Bible-in-a-Year groups; moral theology; Liturgy of the Hours at home; proportional giving.	Openness to instruction as well as some sign of respondents most ready to anchor peer-to-peer formation.	Engagement beyond Sunday is modest - indicating room for structured adult formation.
Confession / adoration / prayer	≈10%	Evening confessions; healing nights; mid-week holy hour.	Desire to deepen sacramental life and receive healing; may dovetail with families affected by lapse.	Prayerful environments repeatedly requested.

**Consultative Bodies** (which may include various supporting committees)

Finance Council (HFK/SJV)	As directed under Canon Law, this body advises the pastor on parish finances and accountability.
Pastoral Council (HFK/SJV)	Consultative body weighing parish effectiveness in teaching, sanctifying, and governing.
School Commission (HFK)	Consultative body to the pastor and principal advising on mission-driven policy and planning for the School.
Evangelization Commission (HFK)	Advises on evangelization priorities—campaigns which promote interior conversion to the People of God and others within our parish boundaries.
Liturgy Commission (HFK)	Supports the planning and excellence of parish liturgies throughout the year.

## Liturgical Ministries

Altar Servers (HFK/SJV)	Assist the priest at Mass and other liturgies; formation provided for youth and adults.
Extraordinary Ministers of Holy Communion (HFK/SJV)	Assist with the reverent distribution of the Eucharist at Mass and to the sick/homebound.
Lectors (HFK/SJV)	Proclaim the Scriptures at Sunday and Holy Day liturgies; training and workbooks provided.
Sacristans (HFK/SJV)	Prepare the sanctuary, vessels, and liturgical books before and after Mass.
Ushers / Hospitality (HFK/SJV)	Welcome parishioners and guests, assist with seating and offertory, and support the liturgy's smooth flow.
Mass Facilitators (MC) (HFK)	Coordinate and support ministers at assigned Masses to ensure a prayerful, orderly celebration.
Church Cleaners (HFK)	Help keep the church tidy and inviting through light cleaning and straightening of pews.
Flowers & Environment (HFK)	Design seasonal décor and floral arrangements to reflect the liturgical year.
Linens & Vessel Care (HFK)	Wash, iron, and maintain liturgical linens and assist with care of sacred vessels.
Perpetual Adoration (HFK)	Adoration of the Blessed Sacrament with drop-in hours by day and scheduled adorers overnight.
Feast Day Decorators (HFK)	Prepare the church for major solemnities (e.g., Christmas, Easter) with special décor.
Quilters (Liturgical & Charitable) (HFK/SJV)	Sew and craft liturgical items and quilts for parish and charitable needs.

## Music & Choirs

Children's Choir (HFK)	Introduces children to sung prayer and service at select liturgies (e.g., Christmas and Easter).
Teen Choir / Life Teen Music (HFK)	Leads contemporary worship for youth and parish liturgies; rehearses prior to Mass.
Adult Choirs (HFK/SJV)	Choirs lead assembly song on Sundays (Sept–June) with a mix of traditional and contemporary repertoire.
Handbell Choirs (HFK)	Beginner and performing handbell ensembles ring for feasts and special occasions.
Instrumentalists (HFK/SJV)	Skilled instrumentalists support choirs and special liturgies as needed.



## Sacraments & Faith Formation

Baptism (HFK/SJV)	Preparation and celebration for infants, children, and adults; older children and adults typically through OCIA.
First Reconciliation & First Eucharist (HFK/SJV)	Family-centered preparation beginning around age 7 with parish/school coordination.
Confirmation (Youth) (HFK/SJV)	Preparation for teens (grades 7–12) culminating in the Sacrament of Confirmation.
OCIA (Adults) (HFK/SJV)	Formation for unbaptized adults and baptized Christians seeking full communion with the Catholic Church.
Catechesis of the Good Shepherd (HFK)	Montessori-based faith formation for children ages 3–12 in age-appropriate atria.
Parish Nursery (SJV)	Free nursery available during select Sunday Mass times for young children.
Children’s Liturgy of the Word (SJV)	Children are dismissed during Mass to hear and reflect on the Sunday readings at their level.
Catholic Kids’ Catechism Club (SJV)	Sunday and weekday sessions for early childhood through grade 5 using age-appropriate curricula.
Preschool (SJV)	Parish-based preschool offering faith-aligned early childhood education.
Youth Ministry (HFK/SJV)	Middle and high school fellowship, discipleship, service, and retreats.
Young Adult Ministry (HFK/SJV)	Ages 18–39: prayer, formation, service, and community life.
Adult Formation & Small Groups (HFK/SJV)	Bible studies, thematic series, men’s and women’s groups, and parish discussion forums.
Parish Library (HFK)	Curated Catholic resources for study and spiritual growth.

## Community

Café Hospitality (HFK)	Create a welcoming environment after Sunday Masses with coffee and light refreshments.
Welcome Ministry (HFK)	Greet parishioners and guests, host welcome tables, and support newcomer events.
Seniors & Fellowship (HFK/SJV)	Regular social gatherings and fellowship opportunities for seniors.
Knights of Columbus (HFK/SJV)	Fraternal service supporting parish life, charity, and faith formation.
American Heritage Girls (HFK)	Christ-centered character development for girls through service and adventure.
Boy Scouts (Troop 615) (HFK)	Scouting program fostering leadership, service, and outdoor skills.
CYO Sports (HFK)	Youth athletics promoting teamwork, fair play, and Christian sportsmanship.
*Family & Interest Groups (SVJ)	Various gardening, hiking, book groups, moms meetups, game nights, and facilities care.
Parish Office Assistance (HFK)	Help with mailings, reception, counting, and administrative projects.
Hispanic Ministry (HFK)	Support parish events and cultural celebrations within the Hispanic Catholic tradition.

## Care & Outreach

Title	Description
Society of St. Vincent de Paul (HFK/SJV)	Person-to-person service to neighbors in need through visits and material assistance.
Shelter / Community Meals (HFK/SJV)	Prepare and deliver meals or sack lunches for local shelters and community partners.
Shared Blessings / Sonshine Meals (HFK/SJV)	Provide meal trains and practical help for parishioners during times of need.
Furniture Ministry (HFK)	Collect and deliver donated furniture for households transitioning from homelessness.
Respect Life / Social Justice (HFK/SJV)	Prayer, education, and action upholding human dignity and promoting justice.
PREPARES (HFK/SJV)	Support for pregnant and parenting families of children ages 0–5 in collaboration with WA bishops.
Care for Creation (HFK)	Education and practical initiatives inspired by Laudato Si’ to care for our common home.
Thanksgiving Community Dinner / Advent Giving Tree (HFK)	Seasonal outreach providing a community meal and coordinated gift assistance.
Esperanza Mission Treks (SVJ)	Service immersion trips partnering with Esperanza International in Tijuana.
Water Access Now (SVJ)	Support clean-water projects internationally through fundraising and awareness.
Youth Migrant Project (SVJ)	Day trips assisting food bank operations supporting migrant families in Skagit Valley.
Pastoral Care of the Sick / Homebound (HFK/SJV)	Bring Holy Communion and prayer to the homebound and those in care facilities.
Prayer Chain / Prayer Line (HFK/SJV)	Share intentions and intercede for those in need through parish prayer networks.
Grief Ministry & Support (HFK/SJV)	Accompaniment for the bereaved through visits, materials, and support groups.
Funeral Liturgies & Hospitality (HFK/SJV)	Assist with funeral Masses and receptions in support of grieving families.

## Developing Themes

### Characteristic Demo:

- **Stable, affluent, older core with long tenure.** High homeownership (83%), long worship tenure (58% ≥10 years), and an older age structure (median age 56).
- **Life-stage skew toward seniors and mid-life adults.** Seniors comprise ~49% of households (highest active-service rate); mid-life (age 45-64) ~34%; young families and singles are comparatively small.

### Other:

- **Household religion & sacraments.** About 75% of households are fully Catholic; ~25% are mixed-religion. A ~20% confirmation gap persists among Catholic teens/adults.
- **Engagement beyond Sunday is thin.** Only 36% frequently practice “Mass-plus” devotions/study/missions; 51% often discuss faith at home; 37% consume Catholic media weekly+.
- **Service willingness is high; pathways appear under-defined.** 46% already serve and another 23% are “willing but idle.” Many donors don’t track proportion of income to their stewardship (55%), and about half report feeling some giving appeal fatigue.
- **Pain points & losses.** 23% cite barriers (childcare, schedules, transport, wounds). Among households with adult children, 68% report at least some have fallen away (30% “all,” 38% “some”).

## Possible Insights

- **Passing our faith to the next generation.** The parish family is strong but older; sustaining vitality depends on how well faith is handed from adolescence to adulthood (cf. sacrament of Confirmation gap + lapsed adult-children observations).
- **Discipleship culture is Sunday-centric.** The engagement gap (36% “Mass-plus”) and the open-ended desire for small groups and deeper worship point to possible need for bridges from Sunday to weekday life (i.e., living the faith beyond going to Mass on Sunday).
- **Parishioner engagement.** Many are serving or willing – better organization and invitation may be key.

## Potential Inside Populations

1. **Young adults** (singles ≤34 and “emerging adults” 35–44 without children). They are a tiny share of the census (~4%) and carry the lowest engagement (e.g., only ~18% serving). They also show higher rates of mixed-religion and lack of Confirmation. This is a classic “thinly reached” cohort.
2. **Young families** (≤44 with children). Just ~11% of households. Even though Sunday fidelity is high, weekday participation collapses. Schedule and childcare are named obstacles. That pattern suggests an active desire to engage paired with practical inaccessibility.
3. **Mixed-religion households (~25%) and unconfirmed teens/adults (~20%)**. These are the largest “mission fields inside the walls”: present in the pews or parish rolls, but not yet fully evangelized/sacramentally complete.
4. **Single adults seeking non-dating fellowship**. Explicitly named in open comments, indicating a subgroup that does not see a clear on-ramp to belonging today.

## Potential Outside Populations

1. **Lapsed adult children of parish households**. Among households with adult children, 68% report at least some lapsed (30% “all,” 38% “some”). This is a large proximate periphery (relationally close, but sacramentally distant). Serving here can take diverse forms: grieving, negotiating family tensions or evangelical opportunities.
2. **Families with mixed religious influence**. ‘Outside’ depending on the individual’s disposition toward the Church.